

Sport Opens School

Project N. 603266-EPP-1-2018-1-IT-SPO-SCP

Co-funded by the Erasmus + Programme of the European Union

Padua, 4 -6 December 2019

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CONI

Main Goals

It is a project based on the threefold purpose that sport can play. It recognises the role of sport in:

Increasing and enhancing movement and physical activity

conveying social values

improving life skills

High Schools involved are based in:



ROMANIA



PORTUGAL



HUNGARY



ITALY


Building an interdisciplinary module

- sociology
- physiology
- sport sciences
- sport psychology
- education/pedagogy
- health policies
- social policy
- law

Repositioning the relevance of PE teaching in high school

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- Often PE hold a marginal status within the majority of high schools' curricula

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- By highlighting how youth can benefit by taking part in PE according the three pillars of the SOS PE teaching module

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- The scope will also be to improve the perception on the importance of physical activity teaching in high schools which are not sport high schools

The 3 pillars creating the module



Foster the importance of sport as a **health-enhancing tool**;



Avoid bullying episode and strengthen students' relationships via the teaching of **fair play and integrity** through sport;



Prepare students for future jobs and daily life interactions thanks to the teaching of **life and employability skills** through sport.



Work in progress

The teaching sheets



NEEDS ANALYSIS



**RESEARCH
SUMMARY**



**KNOWLEDGE &
SKILLS TO BE
ACQUIRED**



**GENERAL
METHODOLOGY**

Activity sheet



TOPIC(S) N.



AGE TARGET



N. OF PEOPLE
INVOLVED



NECESSARY
MATERIALS



TIME:



ACTIVITY
DESCRIPTION

Implementation

The module will be implemented as of January until May 2020;

You can involve how many classes as you wish (Min. 2);

Possibly classes belonging to different age groups;

All the materials will be uploaded to the S.O.S. platform;

The trainers will be able to interact with the PE teachers with regard to their teaching units in the platform;

Please feel free to try further activities that you deem appropriate to reach the goals.



**THANK YOU &
KEEP UP THE GOOD WORK!!**

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